



SAVE UP TO \$1,000!

WHAT YOU NEED TO KNOW TO EARN YOUR 2021 WELLNESS CREDIT.

Biometrics – \$500

Did you screen onsite or at the Schupan & Fabri-Kal Employee Health Center?

You don't need to submit anything! It's all been submitted for you.

Planning on using your own doctor?

Have your doctor complete the ALT form. Find the form attached or in Paycom. Biometric results between 11/1/19-11/30/20 are eligible.

Spouse – \$200

Is your spouse on the plan?

Have your spouse's doctor complete the same ALT form. Results 11/30/19-11/30/20 are eligible. Spouses do not need to complete a preventive visit.

Preventive Visits – \$300

Did you see your doctor, eye doctor, or dentist between 11/1/19-11/30/20?

Have your doctor complete the preventive form or provide proof of visit.

Haven't had a preventive visit yet?

You can call the Schupan & Fabri-Kal Employee Health Center to schedule a physical.

Everything's completed. Now what?

Email all forms to Christina at HPA by 11/30/20
cfalahee@healthplanadvocate.com

Due to HIPAA, these forms should not be sent to TMR.

